

3.17	r	89	hybrid manzanita	<i>Arctostaphylos patula</i> X <i>A. pringlei</i> ssp. <i>drupacea</i>	2 / 1	2
3.23	r	90	granite prickly phlox	<i>Leptodactylon pungens</i>	5 / 1	9
3.25			Cross saddle			
3.27			Switchback left			
3.33	l		(fir mistletoe, <i>Phoradendron pauciflorum</i>)			
3.38	b	91	San Jacinto buckwheat	<i>Eriogonum apiculatum</i>	30 / 1	5
3.38	b		Perhaps the best field of San Jacinto lupine, <i>Lupinus hyacinthinus</i> , on the mountain			
3.42	l	92	Wright's buckwheat	<i>Eriogonum wrightii</i> var. <i>subscaposum</i>	5 / 1	15
3.43			End trail on top of the white cliffsides of Suicide Rock, elevation 7440 feet (2268 m); Suicide Rock itself is ~90 feet above you. Return to jct. with Deer Springs Trail			

http://tchester.org/sb/plants/guides/deer_springs.html
Updated 23 October 2006.

Plant Guide to Deer Springs / Suicide Rock Trail, San Jacinto Mountains

Mile	S	#	id?	Common Name	Latin Name	#here	#all
0.00				Begin at trailhead (road entrance blocked by huge log); elevation 5620 feet (1710 m). The area here has been nuked of most native plants and the area mulched to prevent their regrowth. :(-(
0.00	r	1		Jeffrey pine	<i>Pinus jeffreyi</i>	99 / 9	23
0.00	l	2		pine dwarf-mistletoe	<i>Arceuthobium campylopodum</i> ⁺	1 / 1	2
0.00	b	3		pink-bracted manzanita	<i>Arctostaphylos pringlei</i> ssp. <i>drupacea</i>	99 / 9	3
0.00	l	4		*downy brome	<i>Bromus tectorum</i>	99 / 9	23
0.00	b	5		pineland buckwheat	<i>Eriogonum molestum</i>	20 / 5	2
0.00	l	6	~	Parish' Jacumba milk-vetch	<i>Astragalus douglasii</i> var. <i>parishii</i>	5 / 2	5
0.00	l	7		beautiful hulsea	<i>Hulsea vestita</i> ssp. <i>callicarpha</i>	10 / 3	4
0.00	l	8	ssp	squirreltail	<i>Elymus elymoides</i>	30 / 9	
0.00	r	9		bur-ragweed	<i>Ambrosia acanthicarpa</i>	5 / 2	18
0.00	r	10		pinegrove groundsmoke	<i>Gayophytum oligospermum</i>	5 / 1	10
0.00	r			(scarlet bugler, <i>Penstemon centranthifolius</i> ; slender everlasting, <i>Gnaphalium canescens</i> ssp. <i>thermale</i>)			
0.00	l			(California black oak, <i>Quercus kelloggii</i> ; incense-cedar, <i>Calocedrus decurrens</i>)			
0.00	l	11		California-aster	<i>Lessingia filaginifolia</i> var. <i>filaginifolia</i>	99 / 9	54
0.00	l	12		mountain grape-soda lupine	<i>Lupinus excubitus</i> var. <i>austromontanus</i>	30 / 9	6
0.01	b	13		Wright's buckwheat	<i>Eriogonum wrightii</i> var. <i>membranaceum</i>	99 / 9	2
0.01	r	14		canyon live oak	<i>Quercus chrysolepis</i>	99 / 9	24
0.01	l	15		leafy daisy	<i>Erigeron foliosus</i> var. <i>foliosus</i>	30 / 9	46
0.01	l			Sign: "3E17 (left-right)"			
0.01	r	16	ssp	blue wildrye	<i>Elymus glaucus</i>	30 / 9	
0.02	r			Display Board: "Deer Springs Trail..."; trail turns left 90°			

0.02		Trail is now lined with pink-bracted manzanita, <i>Arctostaphylos pringlei</i> ssp. <i>drupacea</i>			5.67		Switchback right									
0.03	l	17	goldenrod	<i>Solidago californica</i>	99 / 9	39			5.69	Switchback left and trail curves right						
0.04	l	18	seedling California black oak	<i>Quercus kelloggii</i>	99 / 9	13			5.74	Switchback left						
0.05	r		(Coulter pine, <i>Pinus coulteri</i>)						5.76	Local high point on trail; elevation ~8700 feet (2652 m)						
0.05	r	19	San Bernardino rubber rabbitbrush	<i>Chrysothamnus nauseosus</i> ssp. <i>bernardinus</i>	50 / 9	17			6.01	Jct. Marion Mountain Trail; elevation ~8690 feet (2649 m). End Guide						
0.05	l	20	southern mountain woolly-star	<i>Eriastrum densifolium</i> ssp. <i>austromontanum</i>	99 / 3	12			2.25	Suicide Rock Trail: Turn right on trail to Suicide Rock; species numbering is continued from lower portion of trail						
0.06	l	21	southern honeysuckle	<i>Lonicera subspicata</i> var. <i>denudata</i>	20 / 9	41			2.29	l	Nevin's bird's beak	<i>Cordylanthus nevinii</i>[±]	20 / 3	9		
0.06	l		bigger California black oak, <i>Quercus kelloggii</i>						2.31	l	84	mountain whitethorn	<i>Ceanothus cordulatus</i>	10 / 5	17	
0.07	l	22	rush blue grass	<i>Poa secunda</i> ssp. <i>juncifolia</i>	99 / 9	6			2.37	r		(Parish's lupine, <i>Lupinus latifolius</i> var. <i>parishii</i>)				
0.08	b	23	bristly bird's beak	<i>Cordylanthus rigidus</i> ssp. <i>setigerus</i>	20 / 1	29			2.51	l	85	Parish's lupine	<i>Lupinus latifolius</i> var. <i>parishii</i>	3 / 1	5	
0.08	r		(Indian milkweed, <i>Asclepias eriocarpa</i>)						2.51	r	?	(Parish's yampah?, <i>Perideridia parishii</i> ?)				
0.09	l	24	golden yarrow	<i>Eriophyllum confertiflorum</i> var. <i>confertiflorum</i>	50 / 9	58			2.52	l		(rock goldenbush, <i>Ericameria cuneata</i> var. <i>cuneata</i>)				
0.09	l	25	Sierra Nevada lotus	<i>Lotus nevadensis</i> var. <i>nevadensis</i>	99 / 9	7			2.65	l		(Beautiful hanging garden of rock goldenbush, <i>Ericameria cuneata</i> var. <i>cuneata</i>)				
0.10	l		(interior live oak, <i>Quercus wislizeni</i> var. <i>frutescens</i>)						2.69	r		(Scouler's willow, <i>Salix scouleriana</i>)				
0.11	l	26	incense-cedar	<i>Calocedrus decurrens</i>	50 / 9	15			2.69			Cross small drainage				
0.11	l	27	chaparral whitethorn	<i>Ceanothus leucodermis</i>	10 / 9	16			2.76	l	86	~	swamp sedge	<i>Carex senta</i>	5 / 1	7
0.12	r		(Cleveland's horkelia, <i>Horkelia clevelandii</i> ; sticky cinquefoil, <i>Potentilla glandulosa</i> ssp. <i>reflexa</i>)						2.76	l		(subarctic lady-fern, <i>Athyrium filix-femina</i> var. <i>cyclosorum</i> ; western columbine, <i>Aquilegia formosa</i>)				
0.12			Cross small drainage with culvert; switchback left						2.76		87	scarlet monkeyflower	<i>Mimulus cardinalis</i>	5 / 1	17	
0.12	l		(California fuchsia, <i>Epilobium canum</i>)						2.76		88	glaucus willowherb	<i>Epilobium glaberrimum</i> ssp. <i>glaberrimum</i>	1 / 1	2	
0.12	l	28	mountain mugwort	<i>Artemisia ludoviciana</i> ssp. <i>incompta</i>	99 / 9	7			2.76			Cross Marion Creek, with flowing water, elevation ~7080 feet (2160 m)				
0.12	l	29	deergrass	<i>Muhlenbergia rigens</i>	30 / 9	22			2.80	r		Sign: "San Jacinto Wilderness"; honking Jeffrey pine, <i>Pinus jeffreyi</i> , and incense-cedar, <i>Calocedrus decurrens</i> , trees here				
0.13	b	30	Cleveland's horkelia	<i>Horkelia clevelandii</i>	10 / 3	7			2.94			Switchback left				
0.15	r	31	Mexican rush	<i>Juncus mexicanus</i>	50 / 1	18			2.96			Switchback right				
0.15	r	32	Pacific rush	<i>Juncus effusus</i> var. <i>pacificus</i>	10 / 1	5			2.97			Switchback left				
									3.02			Cross small drainage				
									3.09			Trail turns left 90°				

4.56		Switchback right			0.16	r	33	sp	poa with big spreading infl	<i>Poa sp.</i>	10 / 1	
4.57		Switchback left			0.16	l	34		California coffeeberry	<i>Rhamnus californica</i>[±]	10 / 9	3
4.59		Switchback right at ridge			0.17	r	35	sp	arroyo willow	<i>Salix lasiolepis</i>	5 / 1	37
4.62		Switchback right			0.17	r	36		giant red paintbrush	<i>Castilleja miniata ssp. miniata</i>	3 / 1	6
4.65		Switchback left										
4.73		Switchback right			0.19	l	37		Indian milkweed	<i>Asclepias eriocarpa</i>	20 / 3	20
4.79		Local high point on trail; elevation ~8360 feet (2550 m)			0.20	l			Jct. use trail from parking area			
4.81		Cross small moist drainage			0.22	r			Ten wood posts blocking off road			
4.86	~	(bitter cherry, <i>Prunus emarginata</i>)			0.22	l	38		sugar pine	<i>Pinus lambertiana</i>	50 / 9	14
4.87	l	(wax currant, <i>Ribes cereum var. cereum</i>)			0.22				Trail curves right			
4.88	b	101	California corn lily	<i>Veratrum californicum var. californicum</i>	10 / 1		4					
4.88	b	102	larger mountain monkeyflower	<i>Mimulus tilingii</i>	10 / 1		7					
4.88	b	103	sp	sedge like <i>Carex alma</i>	<i>Carex sp.</i>		20 / 2					
4.88	b	104		musk monkeyflower	<i>Mimulus moschatus</i>	5 / 1	5					
4.90	l			Boulder with lots of eroded concavities and some convex protrusions								
4.98	r	105		bitter cherry	<i>Prunus emarginata</i>	50 / 9	7					
5.04				Local low point on trail; elevation ~8320 feet (2535 m)								
5.05	r	106		floriferous monkeyflower	<i>Mimulus floribundus</i>	20 / 1	9					
5.32				Switchback right								
5.33				Switchback left								
5.35				Switchback right								
5.37				Switchback left								
5.39	r	107		thimbleberry	<i>Rubus parviflorus</i>	10 / 1	3					
5.42				Switchback right								
5.49	r	108		Richardson's geranium	<i>Geranium richardsonii</i>	5 / 3	7					
5.51	r	109		spotted coralroot	<i>Corallorhiza maculata</i>	1 / 1	6					
5.57				Now directly west of Marion Mountain Peak, which is 1800 feet of elevation above this point								
5.61				Cross moist drainage								
5.61	r	110	sp	spreading brown-headed rush?	<i>Juncus phaeocephalus var. paniculatus?</i>		/					
									Trail curves right			
									Trail turns right 90°; do not continue ahead on road			
									Sign: "No dogs beyond this point; wilderness permit required 1/4 mile ahead"; end nuking of landscape			
									slender everlasting	<i>Gnaphalium canescens ssp. thermale</i>	20 / 9	3
									slender bedstraw	<i>Galium angustifolium ssp. gracillimum</i>	20 / 9	2
									Trail turns right			
									interior live oak	<i>Quercus wislizeni var. frutescens</i>	50 / 9	9
									Coulter pine	<i>Pinus coulteri</i>	50 / 9	12
									Trail turns right			
									Switchback left			
									western wallflower	<i>Erysimum capitatum ssp. capitatum</i>	10 / 3	20
									Trail curves right			
									California brome	<i>Bromus carinatus var. carinatus</i>	30 / 9	26
									goldenstar	<i>Bloomeria crocea</i>	3 / 1	14
									Cross small drainage			
									small fescue	<i>Vulpia microstachys</i>	10 / 1	
									mustang mint	<i>Monardella lanceolata</i>	10 / 1	8
									Trail curves right			
									yarrow	<i>Achillea millefolium</i>	20 / 2	15

0.46		Cross small drainage								Strawberry Jct., elevation ~8030 feet (2450 m); sign: "(back) Suicide Trail 1.8 mi, Banning Highway 4.3 mi, Idyllwild 4.8 mi; (ahead) Deer Springs (Camp) 2.3 mi, Little Round Valley 3.8 mi, San Jacinto Peak 5.5 mi; (right) Strawberry Cienega 1.5 mi, Wellman Trail 2.3 mi, Round Valley 4.3 mi, Strawberry Camp 100 yards"				
0.47	b 49	California fuchsia	<i>Epilobium canum</i>	50 / 9	16				4.05					
0.47	l 50	sticky cinquefoil	<i>Potentilla glandulosa ssp. reflexa</i>	20 / 5	11									
0.47		Trail turns right 90°							4.09	r 89	San Jacinto buckwheat	<i>Eriogonum apiculatum</i>	5 / 1	5
0.49		Trail gradually curves left							4.19	r 90	bush chinquapin	<i>Chrysolepis sempervirens</i>	5 / 2	11
0.52		Trail curves left							4.25		Trail curves right at ridge; now hiking through wonderland of rocks, with lots of big boulders on flat ground			
0.54		Switchback left							4.27	l	(blue elderberry, <i>Sambucus mexicana</i>)			
0.56		Switchback right							4.38	b 91	Idaho bentgrass	<i>Agrostis idahoensis</i>	30 / 2	4
0.57		Switchback left							4.39		Highest elevation deergrass, <i>Muhlenbergia rigens</i>			
0.57	r 51	hollyleaf redberry	<i>Rhamnus ilicifolia</i>	3 / 3	45				4.42	l	(Fendler's meadow-rue, <i>Thalictrum fendleri var. fendleri</i>)			
0.58		Trail curves right							4.42		Enter meadowy area			
0.61		Cross small drainage; trail curves left							4.42	r 92	glaucus willowherb	<i>Epilobium glaberrimum ssp. glaberrimum</i>	10 / 2	2
0.65	r 52	whorledleaf penstemon	<i>Keckiella ternata var. ternata</i>	10 / 2	6				4.42	r 93	scarlet monkeyflower	<i>Mimulus cardinalis</i>	5 / 1	17
0.66		Switchback right							4.43		Cross drainage			
0.66	l 53	scarlet bugler	<i>Penstemon centranthifolius</i>	1 / 1	9				4.43	l 94	? knotweed?	<i>Polygonum sp.?</i>	3 / 1	
0.66	l 54	birch-leaf mountain-mahogany	<i>Cercocarpus betuloides var. betuloides</i>	2 / 2	20				4.43	l 95	western columbine	<i>Aquilegia formosa</i>	2 / 1	6
0.67	r	Boulder with scooped-out "seat"							4.45	l	(Parish's lupine, <i>Lupinus latifolius var. parishii</i>)			
0.68		Trail curves left at ridge							4.45	r	(Check for different plant similar to lemon lily)			
0.68	b 55	chaparral yucca	<i>Yucca whipplei</i>	3 / 1	32				4.45	r 96	tinker's penny	<i>Hypericum anagalloides</i>	5 / 1	2
0.69		Switchback left							4.45	r	~ (brittle bladder fern, <i>Cystopteris fragilis</i>)			
0.73	l	Check for snow-plant							4.47		Cross flowing creek			
0.74		Switchback right							4.47	b 97	streambank lotus	<i>Lotus oblongifolius var. oblongifolius</i>	5 / 1	3
0.74		Switchback left; sign: "Mount San Jacinto State Park Wilderness"							4.50		Switchback right			
0.79		Switchback right							4.50	l 98	San Jacinto Mtns. bedstraw	<i>Galium angustifolium ssp. jacinticum</i>	20 / 2	1
0.81	l	(white fir, <i>Abies concolor</i>)							4.50	l 99	~ swamp sedge	<i>Carex senta</i>	20 / 2	7
0.81	l 56	changeable phacelia	<i>Phacelia mutabilis</i>	30 / 9	7				4.52		Switchback left			
0.82		Switchback left; jct. use trail to viewpoint 0.02 miles distant							4.54		Switchback right			
0.84		Local high point on trail							4.54	l 100	~ Sierra gooseberry	<i>Ribes roezlii var. roezlii</i>	1 / 1	11
0.85	l 57	twiggy wreath plant	<u><i>Stephanomeria virgata</i></u> [±]	1 / 1	7				4.55		Switchback left			

2.76	Switchback left				0.87	Local low point on trail						
2.80	Switchback right at ridge				0.93	Cross small drainage; trail curves right						
2.87	Switchback left				0.97	Switchback left						
2.90	r	Switchback right; view of Tahquitz Peak and top of Suicide Rock			0.97	Switchback right						
2.94	Switchback left				1.00	This area has some really old specimens of chaparral whitethorn, <i>Ceanothus leucodermis</i> , and pink-bracted manzanita, <i>Arctostaphylos pringlei</i> ssp. <i>drupacea</i>						
2.98	Switchback right				1.01	Long switchback left						
3.01	Switchback left				1.02	Switchback right						
3.08	r	86	fir mistletoe	<i>Phoradendron pauciflorum</i>	1 / 1	11						
3.13	Switchback left				1.04	Switchback left						
3.20	Long switchback right at ridge				1.07	r	View of Tahquitz Lookout					
3.32	b	87	green-leaf manzanita	<i>Arctostaphylos patula</i>	30 / 9	14						
3.32	Switchback left				1.12	l	58	~	California thistle	<i>Cirsium occidentale</i> var. <i>californicum</i>	1 / 1	12
3.33	Switchback right				1.13	b	59		broad-leaved lotus	<i>Lotus crassifolius</i> var. <i>crassifolius</i>	20 / 2	7
3.41	Trail zigzags right then left				1.15	r	60		oak mistletoe	<i>Phoradendron villosum</i>	20 / 9	4
3.45	r		canyon live oak, <i>Quercus chrysolepis</i> , with weird galls of two kinds: terminal galls like a chinquapin male inflorescence, and stem galls like acorns		1.16				Trail curves right			
3.46	l		(Idaho bentgrass, <i>Agrostis idahoensis</i>)		1.17				Switchback left			
3.49	r		Nice patch of San Jacinto lupine, <i>Lupinus hyacinthinus</i>		1.19	l	61		bracken	<i>Pteridium aquilinum</i> var. <i>pubescens</i>	99 / 9	13
3.49	r		Check these plants to make sure they are western wallflower, <i>Erysimum capitatum</i> ssp. <i>capitatum</i>		1.21	l	62	~	fragile sheath sedge	<i>Carex fracta</i>	10 / 3	9
3.51	Trail zigzags right then left				1.21	l	63		plain mariposa lily	<i>Calochortus invenustus</i>	3 / 3	11
3.51	l		spotted coralroot, <i>Corallorhiza maculata</i>		1.21	l	64		white fir	<i>Abies concolor</i>	50 / 9	22
3.63	l		Four honking incense-cedars, <i>Calocedrus decurrens</i> , struck by lightning, with 3 still alive		1.21	l	65	~	spear-leaved mountain dandelion	<i>Agoseris retrorsa</i>	1 / 1	12
3.67	Switchback right				1.22	l	66		pinedrops	<i>Pterospora andromedea</i>	5 / 3	8
3.68	Switchback left				1.24	b	67		western azalea	<i>Rhododendron occidentale</i>	50 / 5	4
3.83	Long switchback left				1.24	r	68		woodland strawberry	<i>Fragaria vesca</i>	1 / 1	3
3.85	Switchback right				1.24	r	69		little prince's pine	<i>Chimaphila menziesii</i>	3 / 1	4
3.89	l	88	granite prickly phlox	<i>Leptodactylon pungens</i>	2 / 1	9			(thimbleberry, <i>Rubus parviflorus</i>)			
3.98	l		Check for different <i>Monardella</i>		1.25				Switchback left			
4.01	Switchback left				1.26				Switchback right			

1.26	l	70	sp	cespitose rush	<i>Juncus sp.</i>	1 / 1	2.00	Cross small drainage				
1.27				Switchback left			2.00	Switchback left				
1.28				Switchback right			2.02	b 78	sp	perennial monardella	<i>Monardella australis</i> or <i>M. nana</i>	2 / 1
1.28	l	71		naked buckwheat	<i>Eriogonum nudum var. pauciflorum</i>	20 / 9 4	2.04					
	r			(Check id of tall plants in creek bed)			2.13	b 79		San Gabriel beardtongue	<i>Penstemon labrosus</i>	20 / 2 9
1.29	r			Canyon live oak, <i>Quercus chrysolepis</i> , hit by lightning. Many trees here have been struck by lightning.			2.14	r 80		white catch-fly	<i>Silene verecunda ssp. platyota</i>	10 / 2 13
1.32				Cross small drainage; trail curves right			2.16	l 81		woodland spurge	<i>Euphorbia palmeri</i>	1 / 1 4
1.33				Trail turns left 90°; enter Mistletoe Row			2.21	b 82		sapphire woolly-star	<i>Eriastrum sapphirinum</i>	10 / 1 8
1.46	l	72	~	beaked penstemon	<i>Penstemon rostriflorus</i>	5 / 2 14	2.21	l 83		San Jacinto lupine	<i>Lupinus hyacinthinus</i>	99 / 9 5
1.50				(incense-cedar mistletoe, <i>Phoradendron libocedri</i> , at top of tree in distance)			2.25					Jct. trail to Suicide Rock; elevation ~6900 feet (2105 m). Sign: "(r): Suicide Rock 1 mi; (back): Highway 243 2.3 mi; (ahead) Strawberry Jct. 1.8 mi, Little Round Valley 5.5 mi, San Jacinto Peak 7.0 mi". Guide to the Suicide Rock Trail is at the bottom of this Guide
1.52	b	73		mountain pink currant	<i>Ribes nevadense</i>	50 / 3 7						
1.53	l	74	~	rigid hedge-nettle	<i>Stachys ajugoides var. rigida</i>	10 / 2 17	2.25					
1.53				Cross the main drainage we've been hiking along, elevation 6480 feet (1975 m); lots of western azalea, <i>Rhododendron occidentale</i> , here			2.26					
1.53	b	75		lemon lily	<i>Lilium parryi</i>	5 / 2 6	2.27					
1.55				Switchback right			2.34					
1.58	r			Second location of pineland buckwheat, <i>Eriogonum molestum</i>			2.36	r 84		mountain whitethorn	<i>Ceanothus cordulatus</i>	99 / 9 17
1.62				Switchback left			2.37					
1.65				Switchback right			2.42	l		(rock goldenbush, <i>Ericameria cuneata var. cuneata</i>)		
1.68	l			Field of southern mountain woolly-star, <i>Eriastrum densifolium ssp. austromontanum</i>			2.43					
1.72	r			Check for different rush, <i>Juncus sp.</i>			2.45					
1.73	r			Cross small drainage; check for the mystery <i>Carex</i>			2.47					
1.81				Switchback left			2.48					
1.81	76	sp		Dead annuals, probably Nevin's bird's beak or splendid gilia	<i>Cordylanthus nevinii</i> or <i>Gilia splendens ssp. splendens</i>	/	2.48	l 85		hybrid manzanita	<i>Arctostaphylos patula</i> X <i>A. pringlei ssp. drupacea</i>	1 / 1 2
1.88				Cross small drainage			2.52					
1.92				Trail turns right 90°			2.58					
1.93				Switchback right			2.61					
1.96	r	77		snow-plant	<i>Sarcodes sanguinea</i>	2 / 1 8	2.65					
							2.67			(fir mistletoe, <i>Phoradendron pauciflorum</i> , ahead in distance)		