

3.43 End trail on top of the white cliffsides of Suicide Rock, elevation 7440 feet (2268 m); Suicide Rock itself is ~90 feet above you. Return to jct. with Deer Springs Trail

http://tchester.org/sb/plants/guides/deer_springs.html
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Plant Guide to Deer Springs / Suicide Rock Trail, San Jacinto Mountains

Mile	S	#	id?	Common Name	Latin Name	#here	#all
0.00				Begin at trailhead (road entrance blocked by huge log); elevation 5620 feet (1710 m). The area here has been nuked of most native plants and the area mulched to prevent their regrowth. (:-(
0.00	r	1		Jeffrey pine	Pinus jeffreyi [±]	99 / 9	23
0.00	1			(splendid gilia, <i>Gilia splendens</i> ssp. <i>splendens</i> ; green miner's lettuce, <i>Claytonia parviflora</i> ssp. <i>viridis</i>)			
0.00	1	2		pine dwarf-mistletoe	Arceuthobium campylopodum [±]	1 / 1	2
0.00	b	3		pink-bracted manzanita	<i>Arctostaphylos pringlei</i> ssp. <i>drupacea</i>	99 / 9	3
0.00	r	4		Wright's buckwheat	<i>Eriogonum wrightii</i> var. <i>membranaceum</i>	99 / 9	2
0.00	1	5		*downy brome	<i>Bromus tectorum</i>	99 / 9	23
0.00	b	6		pineland buckwheat	<i>Eriogonum molestum</i>	20 / 5	2
0.00	r	7		San Jacinto buckwheat	<i>Eriogonum apiculatum</i>	50 / 9	5
0.00	1	8		Parish' Jacumba milk-vetch	<i>Astragalus douglasii</i> var. <i>parishii</i>	5 / 2	5
0.00	1	9		spear-leaved mountain dandelion	<i>Agoseris retrorsa</i>	10 / 5	12
0.00	1	10		beautiful hulsea	<i>Hulsea vestita</i> ssp. <i>callicarpa</i>	10 / 3	4
0.00	1	11	ssp	squirreltail	<i>Elymus elymoides</i>	99 / 9	36
0.00	b	12		coastal gilia	<i>Gilia diegensis</i>	20 / 3	2
0.00	b	13		bajada lupine	<i>Lupinus concinnus</i>	99 / 9	28
0.00	b	14		strigose lotus	<i>Lotus strigosus</i>	99 / 9	51
0.00	1	15		purple-root cryptantha	<i>Cryptantha micrantha</i>	99 / 9	14
0.00	b	16		pinegrove groundsmoke	<i>Gayophytum oligospermum</i>	30 / 3	10
0.00	r	17		bur-ragweed	<i>Ambrosia acanthicarpa</i>	5 / 2	18
0.00	r			(scarlet bugler, <i>Penstemon centranthifolius</i> ; slender everlasting, <i>Gnaphalium canescens</i> ssp. <i>thermale</i>)			
0.00	1			(California black oak, <i>Quercus kelloggii</i> ; incense-cedar, <i>Calocedrus decurrens</i>)			
0.00	b	18		California-aster	<i>Lessingia filaginifolia</i> var. <i>filaginifolia</i>	99 / 9	54
0.00	1	19		mountain grape-soda lupine	<i>Lupinus excubitus</i> var. <i>austromontanus</i>	50 / 9	6
0.01	r	20		canyon live oak	<i>Quercus chrysolepis</i>	99 / 9	24

0.01	l	21	leafy daisy	<i>Erigeron foliosus var. foliosus</i>	50 / 9	46	5.69		Switchback left and trail curves right
0.01	l		Sign: "3E17 (left-right)"				5.74		Switchback left
0.01	r	22	Jepson's blue wildrye	<i>Elymus glaucus ssp. jepsonii</i>	30 / 9	34	5.76		Local high point on trail; elevation ~8700 feet (2652 m)
0.02	r		Display Board: "Deer Springs Trail..."; trail turns left 90°				6.01		Jct. Marion Mountain Trail; elevation ~8690 feet (2649 m). End Guide
0.02			Trail is now lined with pink-bracted manzanita, <i>Arctostaphylos pringlei ssp. drupacea</i>						
0.03	r		(Coulter pine, <i>Pinus coulteri</i>)				2.25		Suicide Rock Trail: Turn right on trail to Suicide Rock; species numbering is continued from lower portion of trail
0.03	l	23	goldenrod	<i>Solidago californica</i>	99 / 9	39	2.29	l 113	Nevin's bird's beak Cordylanthus nevinii [±] 20 / 3 9
0.03	r		Ponderosa pine, <i>Pinus ponderosa</i> , cones				2.31	l 114	mountain whitethorn <i>Ceanothus cordulatus</i> 10 / 5 17
			Check for Ponderosa pine, <i>Pinus ponderosa</i>				2.31		Cross small drainage
0.04	r		(slender bedstraw, <i>Galium angustifolium ssp. gracillimum</i>)				2.37	r	(Largest stand at SnJt of Parish's lupine, <i>Lupinus latifolius var. parishii</i>)
0.04	l	24	seedling California black oak	<i>Quercus kelloggii</i>	99 / 9	13	2.51	l 115 sp	mystery sedge <i>Carex sp.</i> 1 / 1
0.05	r	25	San Bernardino rubber rabbitbrush	<i>Chrysothamnus nauseosus ssp. bernardinus</i>	50 / 9	17	2.52	l	(rock goldenbush, <i>Ericameria cuneata var. cuneata</i>)
0.05	l	26	southern mountain woolly-star	<i>Eriastrum densifolium ssp. austromontanum</i>	99 / 3	12	2.65	l	(Beautiful hanging garden of rock goldenbush, <i>Ericameria cuneata var. cuneata</i>)
0.05	l	27	young chaparral whitethorn	<i>Ceanothus leucodermis</i>	10 / 9	16	2.69	r	(Scouler's willow, <i>Salix scouleriana</i>)
0.06	l	28	slender bedstraw	<i>Galium angustifolium ssp. gracillimum</i>	30 / 9	2	2.69		Cross small drainage
0.06	b	29	southern honeysuckle	<i>Lonicera subspicata var. denudata</i>	20 / 9	41	2.76	b	(subarctic lady-fern, <i>Athyrium filix-femina var. cyclosorum</i>)
0.06	l		bigger California black oak, <i>Quercus kelloggii</i>				2.76	r ssp	(streambank lotus, <i>Lotus oblongifolius var. oblongifolius</i> ; willowherb, <i>Epilobium ciliatum</i>)
0.07	l	30	beautiful rock-cress	<i>Arabis pulchra</i>	20 / 5	6	2.76	l	(maidenhair fern, <i>Adiantum aleuticum</i> ; Parish's burning bush, <i>Euonymus occidentalis var. parishii</i>)
0.07	r		mature chaparral whitethorn	<i>Ceanothus leucodermis</i>	/		2.76	116	scarlet monkeyflower <i>Mimulus cardinalis</i> 5 / 1 17
0.07	r	31	whisker-brush	<i>Linanthus ciliatus</i>	99 / 5	8	2.76		Cross Marion Creek, with flowing water, elevation ~7080 feet (2160 m)
0.07	r		(California coffeeberry, <i>Rhamnus californica</i>)				2.80	r	Sign: "San Jacinto Wilderness"; honking Jeffrey pine, <i>Pinus jeffreyi</i> , and incense-cedar, <i>Calocedrus decurrens</i> , trees here
0.08	b	32	bristly bird's beak	<i>Cordylanthus rigidus ssp. setigerus</i>	20 / 1	29	2.94		Switchback left
0.08	r		(Indian milkweed, <i>Asclepias eriocarpa</i>)				2.96		Switchback right
0.09	r	33	California coffeeberry	Rhamnus californica [±]	10 / 9	3	2.97		Switchback left
0.09	b	34	golden yarrow	<i>Eriophyllum confertiflorum var. confertiflorum</i>	99 / 9	58	3.02		Cross small drainage
0.09	l	35	Lemmon's linanthus	<i>Linanthus lemmonii</i>	20 / 2	1	3.09		Trail turns left 90°
0.09	b	36	Sierra Nevada lotus	<i>Lotus nevadensis var. nevadensis</i>	99 / 9	7	3.17	r	Last two plants of hybrid manzanita, <i>Arctostaphylos patula</i> X <i>A. pringlei ssp. drupacea</i> on trail
0.09	l		(Martin's paintbrush, <i>Castilleja applegatei ssp. martinii</i> ; check for <i>Tauschia parishii</i>)				3.22	b 117	pine lousewort <i>Pedicularis semibarbata</i> 5 / 1 33
							3.27		Switchback left
							3.33	l	(fir mistletoe, <i>Phoradendron pauciflorum</i>)
							3.38	b	Field of San Jacinto lupine, <i>Lupinus hyacinthinus</i>

0.22	Trail curves right				3.51	1	spotted coralroot, <i>Corallorhiza maculata</i>			
0.25	Trail turns right 90°; do not continue ahead on road				3.63	1	Four honking incense-cedars, <i>Calocedrus decurrens</i> , struck by lightning, with 3 still alive			
0.25	1	Sign: "No dogs beyond this point; wilderness permit required 1/4 mile ahead"; end nuking of landscape			3.67		Switchback right			
0.25	b 59	slender everlasting	<i>Gnaphalium canescens ssp. thermale</i>	20 / 9	3		Switchback left			
0.25	1 60	San Bernardino sun-cup	<i>Camissonia confusa</i>	40 / 9	6		Long switchback left			
0.27	Trail turns right				3.83		Switchback right			
0.27	r	(thread plant, <i>Nemacladus longiflorus var. longiflorus</i>)			3.98	1	Check for different <i>Monardella</i>			
0.29	b 61	interior live oak	<i>Quercus wislizeni var. frutescens</i>	50 / 9	9		Switchback left			
0.30	b 62	Coulter pine	<i>Pinus coulteri</i>	50 / 9	12		Strawberry Jct., elevation ~8030 feet (2450 m); sign: "(back) Suicide Trail 1.8 mi, Banning Highway 4.3 mi, Idyllwild 4.8 mi; (ahead) Deer Springs (Camp) 2.3 mi, Little Round Valley 3.8 mi, San Jacinto Peak 5.5 mi; (right) Strawberry Cienega 1.5 mi, Wellman Trail 2.3 mi, Round Valley 4.3 mi, Strawberry Camp 100 yards"			
0.31	1 63	prickly cryptantha	<i>Cryptantha muricata</i>	99 / 9	23	4.05				
0.32	1 64	Parish's tauschia	<i>Tauschia parishii</i>	5 / 1	12					
0.33	Switchback left				4.19	r 116	bush chinquapin	<i>Chrysolepis sempervirens</i>	5 / 2 11	
0.33	r 65	coast-range melic	<i>Melica imperfecta</i>	/	57	4.25	Trail curves right at ridge; now hiking through wonderland of rocks, with lots of big boulders on flat ground			
0.33	r	definite beautiful rock-cress	<i>Arabis pulchra</i>	/		4.27	1	(blue elderberry, <i>Sambucus mexicana</i>)		
0.34	r ?	(California chicory?, <i>Rafinesquia californica?</i>)				4.38	b 117	Idaho bentgrass	<i>Agrostis idahoensis</i>	30 / 2 4
0.37	Trail curves right				4.39		Highest elevation deergrass, <i>Muhlenbergia rigens</i>			
0.41	1 66	blue dicks	<i>Dichelostemma capitatum ssp. capitatum</i>	50 / 9	60	4.42	1	(Fendler's meadow-rue, <i>Thalictrum fendleri var. fendleri</i>)		
0.42	r 67 ~	goldenstar	<i>Bloomeria crocea</i>	3 / 1	14	4.42		Enter meadowy area		
0.42		Cross small drainage				4.42	r 118	glaucus willowherb	<i>Epilobium glaberrimum ssp. glaberrimum</i>	10 / 2 2
0.42	r 68	Martin's paintbrush	<i>Castilleja applegatei ssp. martinii</i>	10 / 6	37	4.42	r 119	scarlet monkeyflower	<i>Mimulus cardinalis</i>	5 / 1 17
0.44	1 69	mustang mint	<i>Monardella lanceolata</i>	10 / 2	8	4.43		Cross drainage		
0.44	1 70	Fremont's monkeyflower	<i>Mimulus fremontii</i>	50 / 5	2	4.43	1 120 ?	knotweed?	<i>Polygonum sp.?</i>	3 / 1
0.46	b 71	sticky cinquefoil	<i>Potentilla glandulosa ssp. reflexa</i>	30 / 5	11	4.43	1			
0.46		Cross small drainage				4.45	r	(Check for different plant similar to lemon lily)		
0.47	b 72	California fuchsia	<i>Epilobium canum</i>	50 / 9	16	4.45	r 121	tinker's penny	<i>Hypericum anagalloides</i>	5 / 1 2
0.47	Trail turns right 90°					4.45	r ~	(brittle bladder fern, <i>Cystopteris fragilis</i>)		
0.49	Trail gradually curves left				4.47		Cross flowing creek			
0.54	Switchback left				4.47	b 122	streambank lotus	<i>Lotus oblongifolius var. oblongifolius</i>	5 / 1 3	
0.56	Switchback right				4.50		Switchback right			
0.57	Switchback left				4.50	1 123	San Jacinto Mtns. bedstraw	<i>Galium angustifolium ssp. jacinticum</i>	20 / 2 1	
0.57	r	(Coulter's snapdragon, <i>Antirrhinum coulterianum</i>)			4.52		Switchback left			

2.27		Trail turns left 90° and then curves right	0.57	r 73	hollyleaf redberry	<i>Rhamnus ilicifolia</i>	3 / 3	45
2.34		Switchback left	0.61		Cross small drainage; trail curves left			
2.36	r 113	mountain whitethorn	<i>Ceanothus cordulatus</i>	99 / 9	17			
2.37		Switchback right; trail soon zags right and then curves left	0.65	b 74	whorledleaf penstemon	<i>Keckiella ternata var. ternata</i>	20 / 2	6
2.42	l	(rock goldenbush, <i>Ericameria cuneata var. cuneata</i>)	0.66		Switchback right			
2.43		Switchback right	0.66	l 75	scarlet bugler	<i>Penstemon centranthifolius</i>	2 / 1	9
2.45		Switchback left	0.66	l 76	birch-leaf mountain-mahogany	<i>Cercocarpus betuloides var. betuloides</i>	2 / 2	20
2.47		Switchback right	0.67	r	Boulder with scooped-out "seat"			
2.48		Switchback left	0.68		Trail curves left at ridge			
2.48	l	Another hybrid manzanita, <i>Arctostaphylos patula X A. pringlei ssp. drupacea</i>	0.68	b 77	chaparral yucca	<i>Yucca whipplei</i>	3 / 1	32
2.52		Switchback right	0.69		Switchback left			
2.58		Switchback left	0.72	l 78	hybrid manzanita	<i>Arctostaphylos patula X A. pringlei ssp. drupacea</i>	4 / 3	4
2.61		Switchback right	0.74		Switchback right			
2.65		Switchback left	0.74		Switchback left; sign: "Mount San Jacinto State Park Wilderness"			
2.67		(fir mistletoe, <i>Phoradendron pauciflorum</i> , ahead in distance)	0.74	r 79	diamond-petaled clarkia	<i>Clarkia rhomboidea</i>	10 / 3	8
2.76		Switchback left	0.74	r 80	forest sedge	<i>Carex multicaulis</i>	10 / 5	7
2.80		Switchback right at ridge	0.75	r 81	imbricate phacelia	<i>Phacelia imbricata ssp. patula</i>	30 / 9	18
2.87		Switchback left	0.76	r 82	snow-plant	<i>Sarcodes sanguinea</i>	10 / 5	8
2.90	r	Switchback right; view of Tahquitz Peak and top of Suicide Rock	0.79		Switchback right			
2.94		Switchback left	0.81	l	(white fir, <i>Abies concolor</i>)			
2.98		Switchback right	0.82		Switchback left; jct. use trail to viewpoint 0.02 miles distant			
3.01		Switchback left	0.84		Local high point on trail			
3.08	r 114	fir mistletoe	<i>Phoradendron pauciflorum</i>	1 / 1	11			
3.13		Switchback left	0.85	l 83	twiggy wreath plant	<i>Stephanomeria virgata</i>[±]	8 / 3	7
3.20		Long switchback right at ridge	0.87		Local low point on trail			
3.32	b 115	green-leaf manzanita	<i>Arctostaphylos patula</i>	30 / 9	14			
3.32		Switchback left	0.87	r	(purple nightshade, <i>Solanum xanti</i>)			
3.33		Switchback right	0.93		Cross small drainage; trail curves right			
3.41		Trail zigzags right then left	0.94	l 84	white catch-fly	<i>Silene verecunda ssp. platyota</i>	10 / 2	13
3.45	r	canyon live oak, <i>Quercus chrysolepis</i> , with weird galls of two kinds: terminal galls like a chinquapin male inflorescence, and stem galls like acorns	0.94	l 85	wide-throated yellow monkeyflower	<i>Mimulus brevipes</i>	1 / 1	16
3.46	l	(Idaho bentgrass, <i>Agrostis idahoensis</i>)	0.97		Switchback left			
3.49	r	Nice patch of San Jacinto lupine, <i>Lupinus hyacinthinus</i>	0.97		Switchback right			
3.49	r	Check these plants to make sure they are western wallflower, <i>Erysimum capitatum ssp. capitatum</i>	1.00		This area has some really old specimens of chaparral whitethorn, <i>Ceanothus leucodermis</i> , and pink-bracted manzanita, <i>Arctostaphylos pringlei ssp. drupacea</i>			
3.51		Trail zigzags right then left	1.01		Long switchback left			
			1.02		Switchback right			

1.04	Switchback left					1.51 r	(California wild rose, <i>Rosa californica</i> ; Parish's lupine, <i>Lupinus latifolius</i> var. <i>parishii</i>)			
1.07 r	View of Tahquitz Lookout					1.52 b 101	mountain pink currant	<i>Ribes nevadense</i>	50 / 3	7
1.10	Local high point on trail, followed quickly by local low point					1.52 l 102	fragile sheath sedge	<i>Carex fracta</i>	/	36
1.12 l 86	California thistle	<i>Cirsium occidentale</i> var. <i>californicum</i>	2 / 1	12		1.53 l 103 ~	rigid hedge-nettle	<i>Stachys ajugoides</i> var. <i>rigida</i>	10 / 2	17
1.13 b 87	broad-leaved lotus	<i>Lotus crassifolius</i> var. <i>crassifolius</i>	20 / 2	7		1.53 r 104	western columbine	<i>Aquilegia formosa</i>	2 / 1	6
1.15 r 88	California brome	<i>Bromus carinatus</i> var. <i>carinatus</i>	30 / 5	26		1.53	Cross the main drainage we've been hiking along, elevation 6480 feet (1975 m); lots of western azalea, <i>Rhododendron occidentale</i> , here			
1.15 r 89	oak mistletoe	<i>Phoradendron villosum</i>	20 / 9	4		1.53 b 105	lemon lily	<i>Lilium parryi</i>	10 / 2	6
1.16	Trail curves right					1.53 l 106	Parish's lupine	<i>Lupinus latifolius</i> var. <i>parishii</i>	10 / 3	5
1.17	Switchback left					1.53	Switchback right			
1.18 b 90	western morning-glory	<i>Calystegia occidentalis</i> ssp. <i>fulcrata</i>	5 / 2	19		1.62	Switchback left			
1.19 l 91	bracken	<i>Pteridium aquilinum</i> var. <i>pubescens</i>	99 / 9	13		1.65	Switchback right			
1.21 l 92	plain mariposa lily	<i>Calochortus invenustus</i>	30 / 3	11		1.68 l	Field of southern mountain woolly-star, <i>Eriastrum densifolium</i> ssp. <i>austromontanum</i>			
1.21 l 93	white fir	<i>Abies concolor</i>	50 / 9	22		1.73 r	Cross small drainage			
1.22 l 94	pinedrops	<i>Pterospora andromedea</i>	5 / 3	8		1.81	Switchback left			
1.24 b 95	western azalea	<i>Rhododendron occidentale</i>	50 / 5	4		1.88	Cross small drainage			
1.24 b 96	woodland strawberry	<i>Fragaria vesca</i>	20 / 2	3		1.92	Trail turns right 90° at ridge			
1.24 r 97	little prince's pine	<i>Chimaphila menziesii</i>	3 / 1	4		1.93	Trail turns right 90° again			
1.24 b	(thimbleberry, <i>Rubus parviflorus</i> ; lemon lily, <i>Lilium parryi</i> ; Durango root, <i>Datisca glomerata</i> ; mountain pink currant, <i>Ribes nevadense</i> ; western columbine, <i>Aquilegia formosa</i> ; glaucous willowherb, <i>Epilobium glaberrimum</i> ssp. <i>glaberrimum</i>)					2.00	Cross small drainage			
1.25	Switchback left					2.01	Switchback left			
1.26	Switchback right					2.01 b 107	short-flowered monardella	<i>Monardella nana</i> ssp. <i>tenuiflora</i>	20 / 2	29
1.27	Switchback left					2.02 l 108	granite prickly phlox	<i>Leptodactylon pungens</i>	3 / 2	9
1.28	Switchback right					2.04	Cross small drainage			
1.28 l 98	naked buckwheat	<i>Eriogonum nudum</i> var. <i>pauciflorum</i>	20 / 9	4		2.12	Cross small saddle on ridge			
1.29 r	Canyon live oak, <i>Quercus chrysolepis</i> , hit by lightning. Many trees here have been struck by lightning.					2.13 b 109	San Gabriel beardtongue	<i>Penstemon labrosus</i>	20 / 2	9
1.32	Cross small drainage where trail curves right					2.14 r 110	western wallflower	<i>Erysimum capitatum</i> ssp. <i>capitatum</i>	5 / 1	20
1.33	Trail turns left 90°; enter Mistletoe Row					2.16 l 111	woodland spurge	<i>Euphorbia palmeri</i>	1 / 1	4
1.46 l 99 ~	beaked penstemon	<i>Penstemon rostriflorus</i>	5 / 2	14		2.21 b 112	sapphire woolly-star	<i>Eriastrum sapphirinum</i>	10 / 1	8
1.48 r 100	San Jacinto lupine	<i>Lupinus hyacinthinus</i>	99 / 5	5		2.25	Jct. trail to Suicide Rock; elevation ~6900 feet (2105 m). Sign: "(r): Suicide Rock 1 mi; (back): Highway 243 2.3 mi; (ahead) Strawberry Jct. 1.8 mi, Little Round Valley 5.5 mi, San Jacinto Peak 7.0 mi". Guide to the Suicide Rock Trail is at the bottom of this Guide			
1.50	(incense-cedar mistletoe, <i>Phoradendron libocedri</i> , at top of tree in distance)					2.25	Continue on Deer Springs Trail			
						2.26	Switchback right			