

Plant Guide to Long Valley Nature Trail, San Jacinto Mountains

Mile S #	id?	Common Name	Latin Name	#here
0.00	l	Begin guide by going left at sign "Trail Information" near bottom of concrete sidewalk from Tram; elevation ~8395 feet (2559 m). Sign shows a (not very accurate) map of this Nature Loop Trail and Long View Loop (aka Desert View) Trail.		
0.00	b 1	Jeffrey pine	<i>Pinus jeffreyi</i>	50 / 9
0.00	b 2	San Bernardino rubber rabbitbrush	<i>Ericameria nauseosa</i> var. <i>bernardina</i>	50 / 9
0.00	r 3	wild tarragon	<i>Artemisia dracunculus</i>	99 / 9
0.00	l	(white fir, <i>Abies concolor</i> ; Fremont's goosefoot, <i>Chenopodium fremontii</i>)		
0.01	r 4	Parish's snowberry	<i>Symphoricarpos rotundifolius</i> var. <i>parishii</i>	10 / 3
0.02	l	Jct. blocked trail (possibly older route of Nature Trail)		
0.02	l 5	groundsmoke	<i>Gayophytum diffusum</i> ssp. <i>parviflorum</i>	/
0.02	l	Sign: "Desert View Trail [ahead]"		
0.02	l	(yarrow, <i>Achillea millefolium</i> ; Parish's bedstraw, <i>Galium parishii</i> ; Grinnell's beardtongue, <i>Penstemon grinnellii</i> var. <i>grinnellii</i> ; wax currant, <i>Ribes cereum</i> var. <i>cereum</i>)		
0.03	l	Sign: "Welcome to Long Valley", which now calls this trail the "Long Valley Discovery Trail"!		
	l 6	San Gabriel beardtongue	<i>Penstemon labrosus</i>	/
0.05	r 7	wax currant	<i>Ribes cereum</i> var. <i>cereum</i>	10 / 3
0.05	l 8	forest goosefoot	<i>Chenopodium atrovirens</i>	/
0.05	r	Y Jct. for loop portion of this trail; go right to do the loop in the order of this guide		
0.05	l 9	goldenrod	<i>Solidago velutina</i> ssp. <i>californica</i>	20 / 3
0.07	l	Long Valley Meadow; sign: "Fragile Area; stay on trail"		
0.08	r 10	white fir	<i>Abies concolor</i>	10 / 9
0.08	l 11	lodgepole pine	<i>Pinus contorta</i> ssp. <i>murrayana</i>	5 / 5
0.08	r sp	(willow-leaved dock, <i>Rumex salicifolius</i> ; Idaho bentgrass, <i>Agrostis idahoensis</i> ; blue grass, <i>Poa</i> sp.)		
0.08	r 12	abrupt-beak sedge	<i>Carex abrupta</i>	30 / 9
0.08	r 13	swamp sedge	<i>Carex senta</i>	/
0.08	r 14	brown sedge	<i>Carex subfusca</i>	/
0.08	l 15	tall mannagrass	<i>Mimulus pilosus</i> (Benth.) S. Watson	5 / 2
0.08	l	(western marsh cudweed, <i>Gnaphalium palustre</i> ; larger mountain monkeyflower, <i>Mimulus tilingii</i> ; pearlwort, <i>Sagina saginoides</i>)		
0.08	l	Sign: "How special is Long Valley?"		
0.08	l 16	Nevada cinquefoil	<i>Drymocallis lactea</i> var. <i>lactea</i>	1 / 1
0.09	r	Jct. use trail		
0.09	r	(western wallflower, <i>Erysimum capitatum</i> var. <i>capitatum</i>)		
0.10	r	Jct. trail to Adventure Centure (winter sport equipment rental)		
0.11	r	(San Jacinto lupine, <i>Lupinus hyacinthinus</i>)		
0.11	l 17	western needlegrass	<i>Stipa occidentalis</i>	/
0.13	l	(Mexican rush, <i>Juncus mexicanus</i>)		

0.15 r	(San Jacinto Mts. Keckiella, <i>Keckiella rothrockii</i> var. <i>jacintensis</i>)		
0.17 l 18	mat muhly	<i>Muhlenbergia richardsonis</i>	5 / 1
0.18 r	(Ross' sedge, <i>Carex rossii</i> ; little-leaf mock orange, <i>Philadelphus microphyllus</i> ; Fendler's meadow-rue, <i>Thalictrum fendleri</i> var. <i>fendleri</i>)		
0.18 l 19	false monkeyflower	<i>Mimulus pilosus</i>	/
0.18 l	Sign: "Birds on the wing"		
0.23 l	Sign: "'Cool' plants and birds"		
0.25 l 20	Fendler's meadow-rue	<i>Thalictrum fendleri</i> var. <i>fendleri</i>	2 / 1
0.28 l	(ranger's buttons, <i>Sphenosciadium capitellatum</i>)		
0.30	Cross Long Valley Creek; low point on trail, elevation 8320 feet (2536 m)		
0.30 b 21	slender hairgrass	<i>Deschampsia elongata</i>	10 / 1
0.30 l	Sign: "Dependent on moisture"		
0.30 r	South jct. with Desert View Trail; go left		
0.35 l	Sign: "A different habitat"		
0.39 r	Sign: "The fight for survival"		
0.44 r 22	western wallflower	<i>Erysimum capitatum</i> var. <i>capitatum</i>	10 / 3
0.44 l 23	yarrow	<i>Achillea millefolium</i>	10 / 2
0.45 r	North jct. with Desert View Trail; continue ahead on left		
0.46 r	Sign: "Meet Jeff"		
0.51 r	Dense field of tarragon, <i>Artemisia dracunculus</i> , due to leach field of septic tank from Tram restrooms		
0.53 l	Sign: "The fragile meadow"		
0.54	End Nature Trail Loop. Continue ahead to the Tram sidewalk, or go back to do the Desert View Trail.		
0.59	Tram sidewalk		

Mile: 0.00 includes all mileages from 0.000 to 0.009; etc.

S: Side of trail on which the first occurrence is found: left, right, both, or center

#: On-Trail species are numbered in order of first occurrence on trail (touchable without leaving the trail). Off-trail species are in parentheses.

id?: Species without an entry in this column are positively identified. "?" means we are just guessing the identification; "sp" means the genera is probably known, but the species name is uncertain; "~" means we have 95% confidence that this is the determination, but have not yet positively identified it; "ssp" means the subspecies or variety needs to be determined.

#here gives the *minimum* number of on-trail plants of this species on this trail, with the number of locations on this trail following the /, using maximum values of 99/9. 1/1 means a single plant in a single location; 10/9 means 10 plants occurring in at least 9 locations, etc.

http://tchester.org/sb/plants/guides/long_valley_nature_trail.html
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